

# Bandon AC Juvenile Boys Indoor Club Records

Last updated 3-1-2010

Event	Result	Holder	Date	Venue
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## Boys Under 11

60m		Vacant		
600m		Vacant		
4x100 Relay	65.35	Promise,	26-27/2/2005	Nenagh
Long Jump		Vacant		

## Boys Under 12

60m	8.62	Great Okafar	19-20/3/2005	Nenagh
600m		Vacant		
4x100 Relay	61.23	Great, Mighty	26-27/2/2005	Nenagh
Long Jump	4.42	Fintan O'Shaughnessy	24-25/2/2007	Nenagh
High Jump	1.26	Fintan O'Shaughnessy	24-25/2/2007	Nenagh
Shot Putt (2kg)		Vacant		

## Boys Under 13

60m	8.27	Great Okafar	25-26/3/2006	Nenagh
600m	1.51.46	Sipke O'Shaughnessy	26-27/2/2005	Nenagh
800m		Vacant		
4x100 Relay	57.30	Great Okafar, Mighty Okafar, Ronan Sheehan, Jerry Crowley)	18-19/2/2006	Nenagh
60mH	11.21	Great Okafar	25-26/2/2006	Nenagh
Long Jump	4.69	Promise Okafar	23-24/2/2008	Nenagh
High Jump	1.34	Fintan O'Shaughnessy	23-24/2/2008	Nenagh
Shot Putt (2kg)	11.65	Colin Kingston	06/04/2008	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	1238 (12.74, 3.85, 7.64, 1.19, -)	Gavin Hicks	21/02/2009	Nenagh

## Boys Under 14

60m	8.00	Denis Coughlan	18-19/3/1995	Nenagh
600m		Vacant		
800m	2.19.6	Donnagh Lucey	21-22/3/1998	Nenagh
4x200 Relay	2.00.0	Patrick, Great,	25/26/2/2006	Nenagh
60mH	10.31	Fintan O'Shaughnessy	7-8/2/2009	Nenagh

<b>Long Jump</b>	<b>4.82</b>	<b>Fintan O'Shaughnessy</b>	<b>28/03/2009</b>	<b>Nenagh</b>
<b>High Jump</b>	<b>1.48</b>	<b>Fintan O'Shaughnessy</b>	<b>18/01/2009</b>	<b>Nenagh</b>
<b>Shot Putt</b> (2.72kg)	<b>13.28</b>	<b>Colin Kingston</b>	<b>7-8/2/2009</b>	<b>Nenagh</b>
<b>Pentathlon</b> (60H, LJ, SP, HJ, 800m)	<b>2609</b> (10.67, 4.79, 8.26, 1.46, 2.44.62)	<b>Fintan O'Shaughnessy</b>	<b>21/02/2009</b>	<b>Nenagh</b>

### Boys Under 15

<b>60m</b>	<b>7.6</b>	<b>Darren Coughlan</b>	<b>3-4/2/1996</b>	<b>Nenagh</b>
<b>200m</b>	<b>24.75</b>	<b>Sipke O'Shaughnessy</b>	<b>08/12/2007</b>	<b>Glasgow</b>
<b>800m</b>	<b>2.17.39</b>	<b>Sipke O'Shaughnessy</b>	<b>08/12/2007</b>	<b>Glasgow</b>
<b>4x200 Relay</b>	<b>1.53.1</b>	<b>Ronan, Great,</b>	<b>1-2/3/2008</b>	<b>Nenagh</b>
<b>60mH</b>	<b>9.32</b>	<b>Sipke O'Shaughnessy</b>	<b>17/02/2007</b>	<b>Glasgow</b>
<b>Long Jump</b>	<b>5.62</b>	<b>Sipke O'Shaughnessy</b>	<b>08/12/2007</b>	<b>Glasgow</b>
<b>High Jump</b>	<b>1.50</b>	<b>Philip Burns</b>	<b>20-21/3/2004</b>	<b>Nenagh</b>
<b>Shot Putt</b> (3.25kg)	<b>11.81</b>	<b>Patrick McSweeney</b>	<b>24-25/3/2007</b>	<b>Nenagh</b>
<b>Pentathlon</b> (60H, LJ, SP, HJ, 800)	<b>2908</b>	<b>Philip Burns</b>	<b>20-21/3/2004</b>	<b>Nenagh</b>

### Boys Under 16

<b>60m</b>	<b>7.49</b>	<b>Darren Coughlan</b>	<b>15-16/2/1997</b>	<b>Nenagh</b>
<b>200m</b>	<b>24.18</b>	<b>Darren Coughlan</b>	<b>15-16/2/1997</b>	<b>Nenagh</b>
<b>800m</b>	<b>2.17.0</b>	<b>Mark Lehane</b>	<b>27-28/2/1999</b>	<b>Nenagh</b>
<b>1500m</b>		<b>Vacant</b>		
<b>4x200 Relay</b>		<b>Vacant</b>		
<b>60mH</b>	<b>9.00</b>	<b>Eric Stam</b>	<b>28/03/2009</b>	<b>Nenagh</b>
<b>Long Jump</b>	<b>5.93</b>	<b>Eric Stam</b>	<b>28/03/2009</b>	<b>Nenagh</b>
<b>High Jump</b>	<b>1.71</b>	<b>Eric Stam</b>	<b>07/03/2009</b>	<b>Sheffield</b>
<b>Shot Putt</b>	<b>13.61</b>	<b>Patrick McSweeney</b>	<b>5-6/4/2008</b>	<b>Nenagh</b>
<b>Pentathlon</b> (60H, LJ, SP, HJ, 800m)	<b>2676</b> (9.40, 5.75, 11.15, 1.71, 2.25.61)	<b>Eric Stam</b>	<b>07/03/2009</b>	<b>Sheffield</b>

### Boys Under 17

<b>60m</b>	<b>7.0</b>	<b>Darren Coughlan</b>	<b>4/1/1998</b>	<b>Nenagh</b>
<b>200m</b>	<b>23.3</b>	<b>Darren Coughlan</b>	<b>21-22/3/1998</b>	<b>Nenagh</b>
<b>400m</b>		<b>Vacant</b>		
<b>800m</b>		<b>Vacant</b>		
<b>1500m</b>	<b>5.21.46</b>	<b>Shane Conway</b>	<b>25-26/2/2006</b>	<b>Nenagh</b>
<b>4x200 Relay</b>	<b>1.42.8</b>		<b>30/03/1997</b>	<b>Nenagh</b>
<b>60mH</b>		<b>Vacant</b>		
<b>Long Jump</b>	<b>6.35</b>	<b>Timothy Harrington</b>	<b>14/04/2007</b>	<b>Nenagh</b>
<b>Triple Jump</b>		<b>Vacant</b>		

High Jump	1.50	Patrick McSweeney	7-8/2/2009	Nenagh
Pole Vault		Vacant		
Shot Putt (5kg)	12.45	Patrick McSweeney	7-8/2/2009	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)		Vacant		

### Boys Under 18

60m	7.39	Timothy Harrington	20/01/2008	Nenagh
200m	23.0	Darren Coughlan	27-28/2/1999	Nenagh
400m	51.63	Shane Conway		Nenagh
800m	2.12.41	Anthony Hennessy	24-25/2/2007	Nenagh
1000m		Vacant		
1500m	4.27.32	Ronan Duggan	25-26/2/2006	Nenagh
4x200 Relay	1.35.1	Ian Wholihan, Darren Coughlan, Simon Mackey,	21-22/3/1998	Nenagh
1.5k Walk		Vacant		
60mH		Vacant		
Long Jump	6.65	Timothy Harrington	12/04/2008	Nenagh
Triple Jump	12.37	Timothy Harrington	1-2/3/2008	Nenagh
High Jump		Vacant		
Pole Vault		Vacant		
Shot Putt (5kg)		Vacant		
Pentathlon (60H, LJ, SP, HJ, 800m)		Vacant		

### Boys Under 19

60m	7.12	Darren Coughlan	26/03/2000	Nenagh
200m	22.40	Darren Coughlan	26/03/2000	Nenagh
400m	51.63	Shane Conway	1-2/3/2008	Nenagh
800m	2.07.41	Ronan Duggan	24-25/2/2007	Nenagh
1500m	4.20.92	Ronan Duggan	24-25/2/2007	Nenagh
3000m		Vacant		
4x200 Relay	1.35.1	Darren O'Driscoll, Ronan Harris, Darren Coughlan,	27-28/2/1999	Nenagh
60mH		Vacant		
Long Jump	6.77	Timothy Harrington	24/01/2009	Nenagh
Triple Jump	11.20	Darren O'Driscoll	27-28/2/1999	Nenagh
High Jump		Vacant		
Pole Vault		Vacant		
Shot Putt (6.25kg)		Vacant		

<b>35 lb Weight for Distance</b>		<b>Vacant</b>		
<b>Pentathlon (60H, LJ, SP, HJ, 800m)</b>		<b>Vacant</b>		

This is by no means a comprehensive listing. Additional information and corrections are welcome.

Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up. Identical results are listed in order of decreasing age.