

Bandon AC Juvenile Boys Indoor Club Records

Last updated 16-4-2010

Event	Result	Holder	Date	Venue
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Boys Under 11

60m				
600m				
4x100 Relay	65.35	Promise,	26-27/2/2005	Nenagh
Long Jump				

Boys Under 12

60m	8.62	Great Okafar	19-20/3/2005	Nenagh
600m		Vacant		
4x100 Relay	61.23	Great, Mighty	26-27/2/2005	Nenagh
Long Jump	4.42	Fintan O'Shaughnessy	24-25/2/2007	Nenagh
High Jump	1.26	Fintan O'Shaughnessy	24-25/2/2007	Nenagh
Shot Putt (2kg)	7.63	Travis Coomey	07/02/2010	Nenagh

Boys Under 13

60m	8.27	Great Okafar	25-26/3/2006	Nenagh
600m	1.51.46	Sipke O'Shaughnessy	26-27/2/2005	Nenagh
800m		Vacant		
4x100 Relay	57.30	Great Okafar, Mighty Okafar, Ronan Sheehan, Jerry Crowley)	18-19/2/2006	Nenagh
60mH	11.21	Great Okafar	25-26/2/2006	Nenagh
Long Jump	4.69	Promise Okafar	23-24/2/2008	Nenagh
High Jump	1.34	Fintan O'Shaughnessy	23-24/2/2008	Nenagh
Shot Putt (2kg)	11.65	Colin Kingston	06/04/2008	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	1238 (12.74, 3.85, 7.64, 1.19, -)	Gavin Hicks	21/02/2009	Nenagh

Boys Under 14

60m	8.00	Denis Coughlan	18-19/3/1995	Nenagh
600m		Vacant		
800m	2.19.6	Donnagh Lucey	21-22/3/1998	Nenagh
4x200 Relay	2.00.0	Patrick, Great,	25/26/2/2006	Nenagh
60mH	10.31	Fintan O'Shaughnessy	7-8/2/2009	Nenagh
Long Jump	4.82	Fintan O'Shaughnessy	28/03/2009	Nenagh
High Jump	1.48	Fintan O'Shaughnessy	18/01/2009	Nenagh
Shot Putt (2.72kg)	13.28	Colin Kingston	7-8/2/2009	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	2609 (10.67, 4.79, 8.26, 1.46, 2.44.62)	Fintan O'Shaughnessy	21/02/2009	Nenagh

Boys Under 15

60m	7.6	Darren Coughlan	3-4/2/1996	Nenagh
200m	24.75	Sipke O'Shaughnessy	08/12/2007	Glasgow
800m	2.17.39	Sipke O'Shaughnessy	08/12/2007	Glasgow
4x200 Relay	1.53.1	Ronan, Great,	1-2/3/2008	Nenagh
60mH	9.32	Sipke O'Shaughnessy	17/02/2007	Glasgow
Long Jump	5.62	Sipke O'Shaughnessy	08/12/2007	Glasgow
High Jump	1.50	Philip Burns	20-21/3/2004	Nenagh
Shot Putt (3.25kg)	14.72	Colin Kingston	06/03/2010	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800)	2908	Philip Burns	20-21/3/2004	Nenagh

Boys Under 16

60m	7.49	Darren Coughlan	15-16/2/1997	Nenagh
200m	24.18	Darren Coughlan	15-16/2/1997	Nenagh
800m	2.17.0	Mark Lehane	27-28/2/1999	Nenagh
1500m		Vacant		
4x200 Relay		Vacant		
60mH	9.00	Eric Stam	28/03/2009	Nenagh
Long Jump	5.93	Eric Stam	28/03/2009	Nenagh
High Jump	1.71	Eric Stam	07/03/2009	Sheffield
Shot Putt	13.61	Patrick McSweeney	5-6/4/2008	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	2676 (9.40, 5.75, 11.15, 1.71, 2.25.61)	Eric Stam	07/03/2009	Sheffield

Boys Under 17

60m	7.0	Darren Coughlan	4/1/1998	Nenagh
200m	23.3	Darren Coughlan	21-22/3/1998	Nenagh
400m		Vacant		
800m		Vacant		
1500m	5.21.46	Shane Conway	25-26/2/2006	Nenagh
4x200 Relay	1.42.8		30/03/1997	Nenagh
60mH	9.35	Eric Stam	06/03/2010	Nenagh
Long Jump	6.35	Timothy Harrington	14/04/2007	Nenagh
Triple Jump		Vacant		
High Jump	1.77	Eric Stam	21/02/2010	Cardiff
Pole Vault		Vacant		
Shot Putt (5kg)	12.60	Eric Stam	10/04/2010	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)		Vacant		

Boys Under 18

60m	7.39	Timothy Harrington	20/01/2008	Nenagh
200m	23.0	Darren Coughlan	27-28/2/1999	Nenagh
400m	51.63	Shane Conway		Nenagh
800m	2.12.41	Anthony Hennessy	24-25/2/2007	Nenagh
1000m		Vacant		
1500m	4.27.32	Ronan Duggan	25-26/2/2006	Nenagh
4x200 Relay	1.35.1	Ian Wholihan, Darren Coughlan, Simon Mackey,	21-22/3/1998	Nenagh
1.5k Walk		Vacant		
60mH		Vacant		
Long Jump	6.65	Timothy Harrington	12/04/2008	Nenagh
Triple Jump	12.37	Timothy Harrington	1-2/3/2008	Nenagh
High Jump		Vacant		
Pole Vault		Vacant		
Shot Putt (5 kg)	13.24	Patrick McSweeney	27/03/2010	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)		Vacant		

Boys Under 19

60m	7.12	Darren Coughlan	26/03/2000	Nenagh
200m	22.40	Darren Coughlan	26/03/2000	Nenagh
400m	51.63	Shane Conway	1-2/3/2008	Nenagh
800m	2.07.41	Ronan Duggan	24-25/2/2007	Nenagh
1500m	4.20.92	Ronan Duggan	24-25/2/2007	Nenagh
3000m		Vacant		
4x200 Relay	1.35.1	Darren O'Driscoll, Ronan Harris, Darren Coughlan,	27-28/2/1999	Nenagh
60mH		Vacant		
Long Jump	6.77	Timothy Harrington	24/01/2009	Nenagh
Triple Jump	11.20	Darren O'Driscoll	27-28/2/1999	Nenagh
High Jump		Vacant		
Pole Vault		Vacant		
Shot Putt (6 kg)		Vacant		
35 lb Weight for Distance		Vacant		
Pentathlon (60H, LJ, SP, HJ, 800m)		Vacant		