

Bandon AC Juvenile Boys Indoor Rankings

Last updated 16-4-2010

Event	Result	Holder	Date	Venue
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Boys Under 11

60m				
600m				
4x100 Relay	65.35	<i>Promise,</i>	26-27/2/2005	<i>Nenagh</i>
Long Jump				

Boys Under 12

60m	8.62	<i>Great Okafar</i>	19-20/3/2005	<i>Nenagh</i>
	8.97	Mighty Okafar	26-27/2/2005	Nenagh
	9.05	Promise Okafar	24-25/2/2007	Nenagh
	9.08	Fintan O'Shaugnessy	24-25/2/2007	<i>Nenagh</i>
600m				
4x100 Relay	61.23	<i>Great, Mighty</i>	26-27/2/2005	<i>Nenagh</i>
Long Jump	4.42	<i>Fintan O'Shaugnessy</i>	24-25/2/2007	<i>Nenagh</i>
High Jump	1.26	<i>Fintan O'Shaugnessy</i>	24-25/2/2007	<i>Nenagh</i>
	1.20	Mark Sugrue	20-21/3/2004	Nenagh
Shot Putt (2kg)	7.63	<i>Travis Coomey</i>	07/02/2010	<i>Nenagh</i>

Boys Under 13

60m	8.27	Great Okafar	25-26/3/2006	Nenagh
	8.66	Promise Okafar	23-24/2/2008	Nenagh
	9.03	Fintan O'Shaughnessy	23-24/2/2008	Nenagh
600m	1.51.46	Sipke O'Shaughnessy	26-27/2/2005	Nenagh
800m				
4x100 Relay	57.30	Great Okafar, Mighty Okafar, Ronan Sheehan, Jerry Crowley)	18-19/2/2006	Nenagh
	58.10		23-24/2/2008	Nenagh
60mH	11.21	Great Okafar	25-26/2/2006	Nenagh
	12.74	Gavin Hicks	21/02/2009	Nenagh
Long Jump	4.69	Promise Okafar	23-24/2/2008	Nenagh
	4.60	Fintan O'Shaughnessy	06/04/2008	Nenagh
	3.85	Gavin Hicks	21/02/2009	Nenagh
	3.47	Oisin Twomey	24-25/2/2007	Nenagh
High Jump	1.34	Fintan O'Shaughnessy	23-24/2/2008	Nenagh
	1.19	Gavin Hicks	21/02/2009	Nenagh
Shot Putt (2kg)	11.65	Colin Kingston	06/04/2008	Nenagh
	10.43	Mark Sugrue	19-20/2/2005	Nenagh
	8.24	Gavin Hicks	7-8/2/2009	Nenagh
	8.06	Edward Aherne	23-24/2/2008	Nenagh
(2.72kg)	7.59	Patrick McSweeney	25-26/2/2005	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	1238 (12.74, 3.85, 7.64, 1.19, -)	Gavin Hicks	21/02/2009	Nenagh

Boys Under 14

60m	8.00	Denis Coughlan	18-19/3/1995	Nenagh
	8.44	Great Okafar	24-25/2/2007	Nenagh
	8.47	Ronan Sheehan	24-25/2/2007	Nenagh
	8.48	Oisin Sedgwick	23-24/2/2008	Nenagh
	8.52	Colin Kingston	7-8/2/2009	Nenagh
	8.52	Joey Henchy	06/03/2010	Nenagh
600m				
800m	2.19.6	Donnagh Lucey	21-22/3/1998	Nenagh
	2.42.18	Colin Kingston	21/02/2009	Nenagh
	2.44.62	Fintan O'Shaughnessy	21/02/2009	Nenagh
1000m				
4x200 Relay	2.00.0	Patrick, Great,	25/26/2/2006	Nenagh
	2.00.5	Great, Ronan, Mighty,	24-25/2/2007	Nenagh
60mH	10.31	Fintan O'Shaughnessy	7-8/2/2009	Nenagh
	11.74	Colin Kingston	21/02/2009	Nenagh
	12.11	Great Okafar	24-25/2/2007	Nenagh
	12.83	Mighty Okafar	24-25/2/2007	Nenagh
Long Jump	4.82	Fintan O'Shaughnessy	28/03/2009	Nenagh
	4.19	Colin Kingston	7-8/2/2009	Nenagh
High Jump	1.48	Fintan O'Shaughnessy	18/01/2009	Nenagh
	1.31	Colin Kingston	21/02/2009	Nenagh
	1.29	David Laffan	06/03/2010	Nenagh
Shot Putt (2.72kg)	13.28	Colin Kingston	7-8/2/2009	Nenagh
	10.95	Patrick McSweeney	25/25/2/2006	Nenagh
	8.92	Fintan O'Shaughnessy	18/01/2009	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	2609 (10.67, 4.79, 8.26, 1.46, 2.44.62)	Fintan O'Shaughnessy	21/02/2009	Nenagh
	2421 (11.74, 4.04, 12.83, 1.31, 2.42.18)	Colin Kingston	21/02/2009	Nenagh

Boys Under 15

60m	7.6	<i>Darren Coughlan</i>	<i>3-4/2/1996</i>	<i>Nenagh</i>
	8.10	Oisin Sedgwick	7-8/2/2009	Nenagh
	8.33	Ronan Sheehan	1-2/3/2008	Nenagh
	8.41	Colin Kingston	07/03/2010	Nenagh
	9.25	Great Okafar	1-2/3/2008	Nenagh
200m	24.75	<i>Sipke O'Shaugnessy</i>	<i>08/12/2007</i>	<i>Glasgow</i>
800m	2.17.39	<i>Sipke O'Shaugnessy</i>	<i>08/12/2007</i>	<i>Glasgow</i>
	2.19.1	Donnagh Lucey	27-28/2/1999	Nenagh
	2.35.56	Mark O'Sullivan	24-25/2/2007	Nenagh
	2.46.5	Mark Sugrue	30/12/2006	Nenagh
	2.48.8	Patrick McSweeney	30/12/2006	Nenagh
4x200 Relay	1.53.1	<i>Ronan, Great,</i>	<i>1-2/3/2008</i>	<i>Nenagh</i>
	1.55.5	Sipke, Mark,	24-25/2/2007	Nenagh
60mH	9.32	<i>Sipke O'Shaugnessy</i>	<i>17/02/2007</i>	<i>Glasgow</i>
	12.2	Mark Sugrue	30/12/2006	Nenagh
	13.2	Patrick McSweeney	30/12/2006	Nenagh
Long Jump	5.62	<i>Sipke O'Shaugnessy</i>	<i>08/12/2007</i>	<i>Glasgow</i>
	5.41	Philip Burns	20-21/3/2004	Nenagh
	4.39	Mark Sugrue	30/12/2006	Nenagh
	3.97	Mighty Okafar	9-10/2/2008	Glasgow
	3.73	Patrick McSweeney	30/12/2006	Nenagh
High Jump	1.50	<i>Philip Burns</i>	<i>20-21/3/2004</i>	<i>Nenagh</i>
	1.36	Mark Sugrue	30/12/2006	Nenagh
	1.30	Patrick McSweeney	30/12/2006	Nenagh
Shot Putt (3.25kg)	14.72	<i>Colin Kingston</i>	<i>06/03/2010</i>	<i>Nenagh</i>
(4kg)	12.13	Colin Kingston	02/03/2010	Nenagh
	11.81	Patrick McSweeney	24-25/3/2007	Nenagh
	9.56	Daire Harrington	06/04/2008	Nenagh
	9.37	Mark Sugrue	30/12/2006	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800)	2908 (-, 5.41, -, 1.50, -)	<i>Philip Burns</i>	<i>20-21/3/2004</i>	<i>Nenagh</i>
	2184 (12.2, 4.39, 9.37, 1.36, 2.46.5)	Mark Sugrue	30/12/2006	Nenagh
	1896 (13.2, 3.73, 10.42, 1.30, 2.48.8)	Patrick McSweeney	30/12/2006	Nenagh

Boys Under 16

60m	7.49	Darren Coughlan	15-16/2/1997	Nenagh
	8.02	Ronan Sheehan	28/03/2009	Nenagh
	8.16	Padraig Sheehan	24-25/2/2007	Nenagh
200m	24.18	Darren Coughlan	15-16/2/1997	Nenagh
	24.78	Sipke O'Shaughnessy	1-2/3/2008	Nenagh
	25.60	Eric Stam	05/12/2009	Glasgow
	28.35	Padraig Sheehan	24-25/2/2007	Nenagh
800m	2.17.0	Mark Lehane	27-28/2/1999	Nenagh
	2.25.15	Eric Stam	05/12/2009	Glasgow
	2.49.1	Patrick McSweeney	06/01/2008	Nenagh
1500m				
4x200 Relay				
60mH	9.00	Eric Stam	28/03/2009	Nenagh
	9.05	Sipke O'Shaughnessy	06/04/2008	Nenagh
	12.40	Patrick McSweeney	06/01/2008	Nenagh
Long Jump	5.93	Eric Stam	28/03/2009	Nenagh
	5.42	Sipke O'Shaughnessy	06/04/2008	Nenagh
	4.04	Patrick McSweeney	06/01/2008	Nenagh
High Jump	1.71	Eric Stam	07/03/2009	Sheffield
	1.50	Patrick McSweeney	1-2/3/2008	Nenagh
Shot Putt (4 kg)	13.61	Patrick McSweeney	5-6/4/2008	Nenagh
	13.22	Eric Stam	05/12/2009	Glasgow
	9.11	Daire Harrington	7-8/2/2009	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	2676 (9.40, 5.75, 11.15, 1.71, 2.25.61)	Eric Stam	07/03/2009	Sheffield
	2288 (12.40, 4.04, 11.42, 1.46, 2.49.1)	Patrick McSweeney	06/01/2008	Nenagh

Boys Under 17

60m	7.0	<i>Darren Coughlan</i>	<i>4/1/1998</i>	<i>Nenagh</i>
	7.51	Timothy Harrington	24-25/3/2007	Nenagh
	7.84	Eric Stam	7/3/2010	Nenagh
200m	23.3	<i>Darren Coughlan</i>	<i>21-22/3/1998</i>	<i>Nenagh</i>
	25.66	Eric Stam	07/03/2010	Nenagh
400m				
800m				
1500m	5.21.46	<i>Shane Conway</i>	<i>25-26/2/2006</i>	<i>Nenagh</i>
4x200 Relay	1.42.8		<i>30/03/1997</i>	<i>Nenagh</i>
60mH	9.35	<i>Eric Stam</i>	<i>06/03/2010</i>	<i>Nenagh</i>
Long Jump	6.35	<i>Timothy Harrington</i>	<i>14/04/2007</i>	<i>Nenagh</i>
	6.27	Eric Stam	02/03/2010	Nenagh
	5.36	Shane Howard	06/03/2010	Nenagh
Triple Jump				
High Jump	1.77	<i>Eric Stam</i>	<i>21/02/2010</i>	<i>Cardiff</i>
	1.60	Shane Howard	06/03/2010	Nenagh
	1.50	Patrick McSweeney	7-8/2/2009	Nenagh
Pole Vault				
Shot Putt (5kg)	12.60	<i>Eric Stam</i>	<i>10/04/2010</i>	<i>Nenagh</i>
	12.45	Patrick McSweeney	7-8/2/2009	Nenagh
	8.50	Daire Harrington	06/03/2010	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)				

Boys Under 18

60m	7.39	Timothy Harrington	20/01/2008	Nenagh
	7.2	Simon Mackey	04/01/1998	Nenagh
	7.48	Shane Conway	24-25/2/2007	Nenagh
200m	23.0	Darren Coughlan	27-28/2/1999	Nenagh
	23.34	Shane Conway	24-25/2/2007	Nenagh
	24.13	Timothy Harrington	17/02/2008	Nenagh
400m	51.63	Shane Conway		Nenagh
	53.7	Ronan Harris	27-28/2/1999	Nenagh
800m	2.12.41	Anthony Hennessy	24-25/2/2007	Nenagh
1000m				
1500m	4.27.32	Ronan Duggan	25-26/2/2006	Nenagh
4x200 Relay	1.35.1	Ian Wholihan, Darren Coughlan, Simon Mackey,	21-22/3/1998	Nenagh
	1.41.4	Shane Conway, Anthony Hennessy,	24-25/2/2007	Nenagh
1.5k Walk				
60mH				
Long Jump	6.65	Timothy Harrington	12/04/2008	Nenagh
Triple Jump	12.37	Timothy Harrington	1-2/3/2008	Nenagh
	10.74	Ian Wholihan	04/01/1998	Nenagh
High Jump				
Pole Vault				
Shot Putt (5 kg)	13.24	Patrick McSweeney	27/03/2010	Nenagh
(6 kg- junior)	12.11	Patrick McSweeney	21/03/2010	Nenagh
35 lbWeight for Distance (junior)	6.67	Patrick McSweeney	21/03/2010	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)				

Boys Under 19

60m	7.12	<i>Darren Coughlan</i>	26/03/2000	<i>Nenagh</i>
	7.68	Chris Spearman	24-25/2/2007	Nenagh
200m	22.40	<i>Darren Coughlan</i>	26/03/2000	<i>Nenagh</i>
	23.34	Shane Conway	17/02/2008	Nenagh
	24.73	Chris Spearman	24-25/2/2007	Nenagh
400m	51.63	<i>Shane Conway</i>	1-2/3/2008	<i>Nenagh</i>
	57.97	Billy Henchy	25-26/2/2006	Nenagh
800m	2.07.41	<i>Ronan Duggan</i>	24-25/2/2007	<i>Nenagh</i>
	2.07.98	Anthony Hennessy	20/01/2008	Nenagh
1500m	4.20.92	<i>Ronan Duggan</i>	24-25/2/2007	<i>Nenagh</i>
3000m				
4x200 Relay	1.34.0	<i>Darren O'Driscoll, Ronan Harris, Darren Coughlan,</i>	21/06/1905	<i>Nenagh</i>
	135.1	Darren O'Driscoll, Ronan Harris, Darren Coughlan	27-28/2/1999	Nenagh
	1.39.5	Chris Spearman, Ronan Duggan,	24-25/2/2007	Nenagh
60mH				
Long Jump	6.77	<i>Timothy Harrington</i>	24/01/2009	<i>Nenagh</i>
Triple Jump	11.20	<i>Darren O'Driscoll</i>	27-28/2/1999	<i>Nenagh</i>
High Jump				
Pole Vault				
Shot Putt (6 kg)				
35 lbWeight for Distance				
Pentathlon (60H, LJ, SP, HJ, 800m)				

This is by no means a comprehensive listing. Additional information and corrections are welcome.

Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up. Identical results are listed in order of decreasing age.