

Compiled on the basis of results available on 20/4/2010.

Only performances in the U20/Junior age group in recognised competitions are eligible for inclusion

Bandon A.C Indoor Rankings

Junior Women

Event	Result	Athlete	Date	Venue
60m	7.59	Joan Healy	27/02/2010	Birmingham, England
60m Hurdles				
200m	25.47	Joan Healy	17/02/2008	Nenagh
	27.9	Phil Healy	16/01/2010	Nenagh
	27.95	Roisin Howard	20/01/2008	Nenagh
400m				
800m				
1,500m				
3,000m				

3k Walk				
High Jump	1.55m	Roisin Howard	04/01/2009	Nenagh
Long Jump	5.00m	Roisin Howard	04/01/2009	Nenagh
	4.83m	Phil Healy	16/01/2010	Nenagh
Triple Jump				
Shot Putt	10.10m	Tracey Bradfield	21/03/2010	Nenagh
	9.94m	Roisin Howard	04/01/2009	Nenagh

Bandon A.C Indoor Rankings

Junior Men

Event	Result	Athlete	Date	Venue
60m	7.39	Timmy Harrington	20/01/2008	Nenagh
	7.8	Eric Stam	16/01/2010	Nenagh
60m Hurdles				
200m	23.34	Shane Conway	20/01/2008	Nenagh
	24.13	Timmy Harrington	17/02/2008	Nenagh
400m				
800m	2.10.43	Anthony Hennessy	17/02/2008	Nenagh
1,500m				
3,000m				
5k Walk				
High Jump	1.65m	Eric Stam	16/01/2010	Nenagh

Long Jump	6.77m	Timmy Harrington	24/01/2009	Nenagh
	5.92m	Eric Stam	21/03/2010	Nenagh
Triple Jump				
Shot Putt	12.11m	Patrick McSweeney	21/03/2010	Nenagh
Weight for Distance (36lb)	6.67m	Patrick McSweeney	21/03/2010	Nenagh