

Track & Field 12 – 19 years Day 2 – Sunday 4th July

Check in Opens 9.30am

The Committee reserve the right to alter the timetable.

Check in Closes 9.45 a.m Hurdles

10.30 a.m.

| | | | |
|----------|--------------|------|--------|
| Girls 15 | 250m Hurdles | 2'3" | 68.6cm |
| Girls 16 | 250m Hurdles | 2'3" | 68.6cm |
| Boys 15 | 250m Hurdles | 2'6" | 76.2cm |
| Boys 16 | 250m Hurdles | 2'6" | 76.2cm |
| Girls 17 | 300m Hurdles | 2'6" | 76.2cm |
| Boys 17 | 300m Hurdles | 2'6" | 76.2cm |
| Girls 18 | 300m Hurdles | 2'6" | 76.2cm |
| Girls 19 | 400m Hurdles | 2'6" | 76.2cm |
| Boys 18 | 400m Hurdles | 2'9" | 84.0cm |
| Boys 19 | 400m Hurdles | 3'0" | 91.4cm |

HURDLE FINALS

Check in closes 11.30 a.m 300m/400m

12.30 p.m

| | | |
|-----------------|------|-------|
| Girls 17 & 18 | 300m | Heats |
| Boys 17,18 & 19 | 400m | Heats |
| Girls 19 | 400m | Heats |

Check in 800n closes 12.30p.m. 600m/800m

1.30 p.m.

| | | | |
|--------------|----|------|-------|
| Girls & Boys | 12 | 600m | Heats |
| Girls & Boys | 13 | 600m | Heats |
| Girls & Boys | 14 | 800m | Heats |
| Girls & Boys | 15 | 800m | Heats |
| Girls & Boys | 16 | 800m | Heats |
| Girls & Boys | 17 | 800m | Heats |
| Girls & Boys | 18 | 800m | Heats |
| Girls & Boys | 19 | 800m | Heats |

3.00 p.m.

300m, 400m FINALS

Check in closes 2.30 p.m. 3000m

3.30 p.m. FINALS

| | | |
|-------|-------------|-------|
| Boys | 16,17,18,19 | 3000m |
| Girls | 18, 19 | 3000m |

4.30 pm.

600m, 800m FINALS

10.00 a.m.

| | | |
|-------|----|--------------|
| Girls | 18 | Hammer (4kg) |
| Boys | 16 | Hammer (4kg) |
| Girls | 19 | Hammer (4kg) |
| Boys | 17 | Hammer (5kg) |
| Boys | 18 | Hammer (5kg) |

10.00 a.m.

Pole Vault

| | |
|------|------------------|
| Boys | 15,16,17,18 & 19 |
|------|------------------|

10.00 a.m.

| | | |
|-------|----|-------------|
| Girls | 16 | Long Jump |
| Girls | 14 | High Jump |
| Boys | 14 | Shot |
| Girls | 17 | Discus |
| Girls | 13 | Javelin |
| Boys | 15 | Triple Jump |

11.00 a.m.

| | | |
|-------|----|-------------|
| Girls | 19 | High Jump |
| Boys | 13 | Shot |
| Girls | 18 | Discus |
| Boys | 14 | Javelin |
| Boys | 19 | Triple Jump |

12,00 p.m.

| | | |
|-------|----|-----------|
| Boys | 16 | Long Jump |
| Girls | 13 | Shot |
| Boys | 14 | High Jump |
| Boys | 13 | Javelin |
| Girls | 14 | Discus |
| Girls | 12 | Long Jump |

1.00 p.m.

| | | |
|-------|----|-----------|
| Girls | 13 | Long Jump |
| Girls | 16 | Shot |
| Girls | 14 | Javelin |
| Boys | 15 | High Jump |

2,00 p.m.

| | | |
|-------|----|-------------|
| Boys | 13 | Long jump |
| Boys | 19 | Shot |
| Boys | 17 | Triple Jump |
| Girls | 13 | High Jump |

3.00 p.m.

| | | |
|------|----|-----------|
| Boys | 12 | High Jump |
|------|----|-----------|